

TAKEAWAY MENU

ASHOKA restaurant

526 MARKET ST, WHITWORTH, ROCHDALE, OL12 8QW

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www.ashokaindianrestaurant.co.uk



FOOD HYGIENE RATING

0 1 2 3 4 **5**

VERY GOOD

OFFER

Get 2 bottles of beers for free on orders over £35

ALLERGY INFO: PLEASE INFORM A MEMBER OF STAFF IF YOU SUFFER FROM ANY FOOD ALLERGIES OR INTOLERANCES.

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|-----------------|------------|------------------|--------------|
| (A) Crustaceans | (E) Gluten | (H) Peanuts | (K) Lupin |
| (B) Fish | (F) Eggs | (I) Sesame Seeds | (L) Molluscs |
| (C) Milk | (G) Nuts | (J) Soya | (M) Celery |
| (D) Mustard | | | |

MOST DISHES MAY CONTAIN MINOR TRACES OF MUSTARD, PEANUTS AND NUTS.



APPETISERS

PLAIN PAPADOM	£0.70
SPICED PAPADOM	£0.85
CHUTNEY EACH	£0.70
Red onions, mango chutney, mix pickle, mint sauce.	



MEAT

SHEEK KEBAB (F)	£3.75
Minced meat mixed in spices & herbs then cooked on skewer in the tandoor.	

LAMB CHOPS (C)	£5.75
Lamb chop pieces delicately marinated in herbs & spices cooked in the tandoor.	

CHICKEN TIKKA SHASHLICK (C)	£4.25
Succulent chicken pieces marinated in herbs & spices, green peppers, onions, tomatoes, cooked in the tandoor.	

GARLIC CHICKEN (C)	£3.95
Pieces of chicken breast cooked in a special garlic sauce.	

CHICKEN CHAT PURI (C, E)	£4.25
Chicken cooked with herbs & spices, served on a deep fried, flaky unleavened bread.	

CHICKEN STIR FRY (C)	£4.45
Strips of chicken with red peppers, mushroom, onion and green chilli.	



TANDOORI KING PRAWN (A, C)	£5.75
King prawn pieces delicately marinated in herbs & spices cooked in the tandoor.	

FISH TIKKA (B)	£4.45
Salmon fillet marinated in herbs & spices cooked in the tandoor.	

(E, F, C)

MIX PLATTER (FOR 2 PERSONS)	£8.75
Sheek kebab, lamb tikka, chicken tikka, onion bhaji, chicken pakora.	

CHICKEN TIKKA (C)	£3.95
Diced chicken marinated in herbs & spices cooked in the tandoor.	

TANDOORI CHICKEN (C)	£3.95
Chicken on the bone marinated in herbs & spices then cooked in the tandoor.	

MEAT SAMOSA (E)	£2.95
Triangular deep fried pastry with lightly spiced minced lamb & potatoes.	

MIX STARTER (E, F, C)	£4.45
Sheek kebab, chicken tikka, lamb tikka, onion bhaji.	

CHICKEN PAKORA (E, F, C)	£4.25
Chicken tikka lightly coated in gram flour batter & deep fried.	

SEAFOOD

KING PRAWN PURI (A, E)	£5.45
King prawns cooked in herbs & spices, served on a deep fried unleavened bread.	

KING PRAWN BUTTERFLY (A, E, F)	£4.95
King prawn, lightly spiced & deep fried.	

PRAWN CHAT PURI (A, E)	£4.25
Prawns cooked in herbs & spices, served on a deep fried unleavened bread.	

VEGETARIAN

ONION BHAJI (F)	£2.95
Spiced round deep fried onion fritter.	

VEGETABLE SAMOSA (E)	£2.95
Triangular deep fried pastry with vegetable filing.	

VEGETABLE MIX STARTER (C, E, F)	£4.25
Onion bhaji, vegetable samosa, paneer pakora.	

GARLIC MUSHROOM	£3.95
Pieces of chopped mushrooms cooked in a special garlic sauce.	

PANEER PAKORA (C, E, F)	£4.25
Indian cheese lightly coated in gram flour batter & deep fried.	

PANEER SHASHLIK (C)	£4.25
Indian cheese cooked with special herbs & spices.	

TANDOORI SIZZLERS

All tandoori dishes are served with a curry sauce & salad. Any other sauce £1.00 extra

TANDOORI CHICKEN (C)	£8.95
Tender half spring chicken on the bone.	

CHICKEN TIKKA (C)	£8.95
Succulent tender pieces of chicken.	

TANDOORI KING PRAWN (A, C)	£12.25
King prawn pieces delicately marinated in herbs & spices cooked in the tandoor.	

PANEER TIKKA (C)	£8.95
Indian cheese marinated in Chef's spices, cooked in tandoor.	

FISH TIKKA (SALMON) (B)	£9.45
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CHICKEN STIR FRY (C)	£9.25
Strips of chicken with red peppers, mushroom, onion and green chilli.	



ALOO CHANA PURI (E)	£4.25
Potato & chickpeas cooked with special herbs & spices served on a deep fried unleavened bread.	

ALOO & MUSHROOM PURI (E)	£4.25
Potato & mushroom cooked with special herbs & spices, served on a deep fried flaky unleavened bread.	

SAAG PANEER PURI (C, E)	£4.25
Spinach & Indian cheese cooked with special herbs & spices, served on a deep fried unleavened bread.	

PANEER CHAT PURI (C, E)	£4.25
Indian cheese cooked with special herbs & spices.	



PANEER SHASHLIK (C)	£9.25
Indian cheese marinated in the chefs special herbs and spices. Served with peppers and onions.	

TANDOORI LAMB CHOPS (C)	£11.95
Prime pieces of lamb on the bone.	

CHICKEN SHASHLIK (C)	£9.25
Very tender pieces of boneless chicken served with grilled tomatoes, onions & green peppers.	

TANDOORI MIX GRILL (C, F)	£9.75
Tandoori chicken, chicken tikka, seekh kebab & lamb tikka.	

ASHOKAS SPECIAL (A, C) SHASHLIK	£11.95
Marinated in chefs special herbs and spices. Served with peppers and onions.	

TANDOORI KING P RAWN (A, C) SHASHLIK	£12.95
King prawns marinated in the chefs special herbs and spices. Served with peppers and onions.	

ASHOKA'S SPECIALITIES

1. CHICKEN TIKKA (C, G) MASSALA £8.75

Succulent diced chicken grilled on charcoal and served with thick sauce yoghurt and fresh cream.

2. AKHNI MURGI (F) £8.95

Tandoori chicken cooked with minced meat, sliced egg, mild spices & herbs.

3. CHILLY MASALA (C) £8.45

Succulent chicken cooked with green chillies, ginger, capsicum and fresh coriander.

4. NAGA NAGA CHICKEN £8.45

Only for the madras enthusiasts a fairly hot dish from west Bengal prepared with garlic, tomato, fresh crushed naga & a mixture of hot spices & garnished with coriander.

5. TASTE OF SHUNDORBON (C) £8.45

Strips of chicken with onion, peppers, garlic, chillies, garam massala cooked in spicy special thick sauce & with fresh coriander.

6. KEEMA PEAS SPECIAL £8.95

Minced lamb cooked with onions, garlic, hot pepper, fresh coriander, Herbs & spices.

7. SOUTH INDIAN (C) GARLIC CHICKEN £8.45

A tasty dish from South Indian with garlic, onions, peppers & green chillies. Cooked in a hot & spicy sauce. Garnished with fresh coriander, herbs & spices.

8. LAMB BINDI £9.45

Lamb cooked with special sauce with Okra.

9. DHALL LAMB GOSHT £9.45

Combination of lamb and chana dhal cooked with garlic, onions.

10. TANDOORI EXOTICA (C) £9.25

Chicken tikka, lamb tikka and tandoori chicken specially prepared with the finest herbs and spices of medium strength, garnished with fresh tomatoes and coriander.



11. RAJASTHANI MURGI (C) £8.45

Chicken tikka cooked with peppers, onion, garlic & mushrooms with tomatoes, natural aromatic herbs.

12. ASHOKA VUJAN (A, C) £11.45

A tasty dish with king prawn, chicken tikka & lamb tikka combination with garlic & mixer of vegetable & fresh coriander.

13. BAKARA CHICKEN £8.45

Small pieces of chicken grilled over charcoal cooked with onions, green peppers, fresh coriander in a special thick sauce.

14. NAWABI STICKS CHICKEN (C) £8.75

Marinated fillets of chicken breast with herbs & spices. Cooked with special sauce.



15. TASTE OF GOA (A) £11.95

King prawns cooked with onions & peppers in a medium & spicy massala sauce, topped with green chillies.

16. KING PRAWN ZAFLONE (A) £11.95

King Prawn cooked in their shells in a medium strength spicy sauce.

17. ACHARI CHICKEN (C) £8.75

Medium dish with a blend of pickling spices resulting in a tangy & spicy curry.

BALTI DISHES

CHICKEN BALTI £7.75

Very popular dish, cooked with fresh ginger, onions, tomatoes & capsicum.

CHICKEN GARLIC BALTI £7.95

Traditional balti style with a huge healthy helping of chopped garlic.

CHICKEN TIKKA & (C) KEEMA BALTI £8.95

Chicken tikka & minced lamb cooked with ginger, garlic, selected herbs & spices to create a mouth-watering dish. Highly recommended.

CHICKEN & MUSHROOM BALTI £8.25

Tender chicken cooked in a traditional style with fresh mushrooms & garnished with coriander.

MIX BALTI (A) £8.95

Tender chicken, lamb & prawn, cooked in a traditional balti style & garnished with coriander.

KING PRAWN BALTI (A) £11.45

King prawn, cooked in a traditional balti style & garnished with coriander.

VEGETABLE BALTI £7.45

Vegetables cooked in a traditional balti style & garnished with coriander.

PANEER BALTI (C) £7.75

Cooked with Indian cheese

18. SHEHAZANI MURGH (C) £8.45

A recipe based on an award-winning dish prepared in the village in India, chunky strips of chicken in a thick fruity sauce onions, peppers, to finish with garlic, ginger and top up with fresh coriander.

19. TANDOORI BUTTER (C,G) CHICKEN £8.75

Grilled chicken cooked in pure ghee and delicately flavoured with spiced herbs and fresh cream.

KARAHIS

CHICKEN KARAHI £7.75

The most popular dish throughout the Indian subcontinent, cooked in a rich thick sauce.

CHICKEN & KEEMA MIX KARAHI £8.95

Combination of karahi chicken & karahi keema cooked together for a unique taste.

MIX KARAHI (A) £8.95

Tender chicken lamb & prawn, cooked together for a unique taste.

KING PRAWN KARAHI (A) £11.45

King prawn, cooked in a rich & garnished with coriander.

VEGETABLE KARAHI £7.45

Vegetables cooked in a rich thick sauce.

PANEER KARAHI (C) £7.75

Cooked with Indian cheese



TRADITIONAL CLASSICS



Choose your base.

KORMA (C)

A very mild dish prepared with fresh cream and coconut powder.

DUPIAZA

Prepared with herbs, ground ginger, cinnamon, bay leaves & onions.

SAMBER

A hot, spicy dish cooked in lentils, fresh lemons & fresh spices, to give a sharp distinct flavour.

BHUNA

A combination of spices fried together to provide a dish of medium strength & rather thick in consistency as compared to the plain curry.

ROGAN JOSH

This dish is derived from the use of tomatoes, pimentos & onions. Fried in spiced oil in a manner which produces a dish of medium strength yet spicier than bhuna.

SAAG GOSHT

A medium strength dish cooked with spinach, herbs and ginger.

JALFREZI

A combination of spices fried together with fresh onions, green pepper & green chillies.

MADRAS

A south Indian version of the dish found in Central & Eastern India. Cooked in a greater proportion of tomato puree & those spices which lend a fiery taste to its richness.

VINDALOO

Related to the Madras but involving a greater use of garlic, tomatoes, ginger & black pepper.

Will it be succulent breast of chicken, prime chunks of lamb, prawns or non meat options?

CHICKEN	£7.75	PRAWN (A)	£8.45
CHICKEN TIKKA (C)	£8.45	KING PRAWN (A)	£10.95
LAMB	£8.75	VEGETABLE	£7.25
PANEER (C)	£7.75	MIXED (A)	£8.45
		SPECIAL MIXED (A, C)	£8.75

BIRYANI DISHES

Biryani is a traditional Indian dish, prepared with flavoured Basmati rice and a mixture of special spices. Served with a vegetable curry sauce and a omelette. (F)
Any other sauce £1.00 extra



CHICKEN	£8.45
LAMB	£9.45
PRAWN (A)	£9.25
MIXED (A)	£9.45
CHICKEN TIKKA (C)	£8.95
VEGETABLE	£8.25
KING PRAWN (A)	£11.75
SPECIAL MIXED (A,C)	£9.75
TANDOORI CHICKEN (C)	£9.25
(OFF THE BONE)	
ASHOKA SPECIAL	
BIRYANI (A, C)	£10.95

VEGETABLE SIDES DISHES

Also available as a Main

BOMBAY ALOO	£4.25
Potatoes cooked in a fairly hot sauce.	
SAAG BHAJI	£4.25
Fresh spinach cooked with onions, tomatoes, ginger & garlic.	
MUSHROOM BHAJI	£4.25
Mushrooms cooked with onions, tomatoes, ginger & garlic.	
SAAG ALOO	£4.25
Spinach, potatoes & tomatoes cooked with onions.	
CAULIFLOWER BHAJI	£4.25
Cauliflower cooked with herbs, spices & yoghurt.	
ALOO GOBI	£4.25
Potatoes, cauliflower cooked wit onions, ginger & garlic	
BHINDI BHAJI	£4.25
Okra cooked with onions, tomatoes, ginger & garlic	
MATTER PANEER (C)	£4.25
Garden peas together cooked with cheese.	
SAAG PANEER (C)	£4.25
Spinach cooked together with Indian cheese.	
TARKA DHAL	£4.25
Lentils flavoured with extra garlic.	
CHANA BHAJI	£4.25
Chickpeas cooked with medium spices & herbs.	
CHANA SAAG	£4.25
Chickpeas cooked with spinach, medium spices & herbs.	
MIX VEGETABLE BHAJI	£4.25
Mixed vegetable cooked with herbs & spices.	

ENGLISH DISHES

CHICKEN NUGGETS (10) & CHIPS	£7.95
CHICKEN OMELETTE & CHIPS (F)	£7.95
CHICKEN TIKKA WRAP (C,E,F)	£8.25

KIDS MEALS

CHICKEN NUGGETS (5) & CHIPS	£5.25
CHICKEN PAKORA & CHIPS (C,E,F)	£5.25



SUNDRIES

BOILED RICE	£2.25
PILAU RICE	£2.45
PEAS PILAU	£2.95
MUSHROOM PILAU	£2.95
EGG PILAU (F)	£2.95
VEGETABLE PILAU	£2.95
ONION RICE	£2.95
GARLIC RICE	£2.95
SPECIAL PILAU (F)	£3.45
LIME CHANA RICE	£3.45
KEEMA RICE	£3.45
All NAN (C, E, F)	
PLAIN NAAN	£2.45
ONION NAAN	£2.75
GARLIC NAAN	£2.75
GARLIC & CORIANDER NAAN	£2.95
KEEMA NAAN	£3.25
(STUFFED WITH MINCE MEAT)	
CHEESE NAAN	£3.25
PESHWARI NAAN (G)	£3.25
PARATHA (E)	£1.45
CHAPATI (E)	£1.45
GARLIC CHAPATI (E)	£1.75
CHIPS	£2.75
SALAD	£1.00
CHOICE OF CURRY SAUCE	£2.95

DRINKS

COKE ORIGINAL CAN 330ML	£1.00
DIET COKE ORIGINAL CAN 330ML	£1.00
PEPSI ORIGINAL CAN 330M	£1.00
BOTTLE COKE 1.25L	£2.95
J20	£1.75

SET MEAL (A) FOR 2 PERSONS

STARTERS:

PAPADUMS & CHUTNEYS,
CHICKEN TIKKA & ONION BHAJI

MAIN MEALS:

CHICKEN KORMA & LAMB MADRAS

SUNDRIES:

PILAU RICE, CHIPS
& NAN BREAD

£25.00

SAVING £6.80

SET MEAL (B) FOR 4 PERSONS

STARTERS:

PAPADUMS & CHUTNEYS,
ONION BHAJI, MEAT SAMOSA,
SHEEK KEBAB, CHICKEN PAKORA

MAIN MEALS:

CHICKEN KORMA, LAMB MADRAS,
CHICKEN KARAHY & CHICKEN TIKKA ROGAN JOSH

SUNDRIES:

BOMBAY POTATO
2 PILAU RICE & 2 NAN BREAD

£55.00

SAVING £10.25